

LRF

**Northamptonshire
Strategic
Coordination Centre**

**Date: 01/05/2020
Issue 9**

Community Resilience Update

Community Resilience Hub

Please make sure you add our email address to your safe senders list

Support Line

We continue to receive calls from members of the public who need help, so please promote the number where you can to anyone who needs assistance and help to support Northamptonshire's vulnerable residents. As a reminder, the dedicated support line is:

0300 126 1000 (option 5)

**SUPPORT LINE
NUMBER**



0300 126 1000

#NorthantsTogether

Figure 1 Telephone helpline

Amazing Volunteers!

Since Tuesday's issue, lots of you have been out and about delivering leaflets in your communities to ensure that those who don't yet know about the helpline number can call and access support.

The responses we have received have been amazing, including this family group from East Hunsbury who dressed up in Star Wars outfits one Sunday at the start of the Coronavirus outbreak to cheer up their road. They decided that donning the outfits again to deliver leaflets would be fun.

The family said that they know people in the street now that they have never met before and it has brought people together.



Figure 2 Volunteer family dressed in star Wars outfits

Mental Health Support

Northamptonshire has launched its very first Integrated Mental Health Response Hub - a 24/7 telephone support system for our community.

If you are feeling anxious or stressed or feeling that you need a bit of support with your mental wellbeing, you can get support from a helpful Mental Health Navigator by calling 0300 330 1011.

The advertisement features logos for NHS Northamptonshire Healthcare, Mental Health Northants Collaboration, and Mind in Northamptonshire. The main text reads: "MENTAL HEALTH SUPPORT For local support and services give one of our friendly mental health navigators a call, anytime of the day or night". The phone number "0300 330 10 11" is prominently displayed in large yellow font, with a note below it: "Lines available 24 hours a day, seven days a week". At the bottom, the website "thementalhealthnumber.me" is listed, accompanied by a small slogan: "MAKING A DIFFERENCE FOR YOU, WITH YOU".

Figure 3 Mental Health Support helpline number 0300 330 1011

#NorthantsTogether

#NORTHANTS TOGETHER

If you are helping someone in need and have a Twitter or Facebook account, please post about your role using the hashtag #NorthantsTogether just like this tweet below.

The tweet is from @NPH_news, posted 31 minutes ago. The text reads: "The United African Association/Zimwomen have been working hard to help local people during the coronavirus outbreak. They've been using our hubs as a base to help them pack and distribute food parcels. Read more on our Facebook post: bit.ly/3d0FZmP". Below the text is the hashtag #NorthantsTogether and a 2x2 grid of four photographs. The top-left photo shows a person in a high-visibility vest loading a red van. The top-right photo shows people in high-visibility vests packing food parcels at a table. The bottom-left photo shows a person in a high-visibility vest loading a car. The bottom-right photo shows people in high-visibility vests packing food parcels at a table. The tweet includes icons for reply, retweet, like, and share.

Don't forget, we would love to see pictures of you wearing your hi-vis jackets and helping those in need. Please always ask for permission before posting pictures of others.

Please also make sure that people are practising social distancing in any images and are two metres apart.

Figure 4 Northampton Partnership Homes tweet

Coronavirus Response & Recovery Fund update

Northamptonshire Community Foundation has given out over £290,000 in just the last few weeks, providing crucial frontline support to vulnerable members of local communities who are self-isolating due to the coronavirus. The Foundation launched an appeal in March to raise funds for community groups and charities doing vital work at this time.

Projects that have been funded include food aid, essential shopping and delivery services, support for homeless people housed in temporary accommodation, online advice and telephone befriending services, care packages and mental health counselling.

The Coronavirus Response and Recovery Fund is being delivered in partnership with the National Emergencies Trust and supported by a wealth of generous local donors. Many members of the general public have also dug deep to donate to help fund the community groups making sure people stay safe and well.

Mary Hollands, Head of Philanthropy at Northamptonshire Community Foundation, said:

"It's been truly overwhelming to see the incredible generosity of so many people in the last month. From businesses match-funding their employees fundraising efforts to families getting involved in the 2.6 challenge, everyone has really got behind our appeal. Your support means we can stand with the amazing groups and organisations supporting the most vulnerable in our society during this crisis and for that, we are truly grateful."



Figure 5 Living at Home - "Lunch Club"

Projects recently funded include:

Manna House Counselling Trust - £3,000 The grant will be used to provide a telephone mental health counselling support service for vulnerable residents of Northamptonshire.

Spring Charity - £2,531.81 The grant will be used to provide care and activity packs for vulnerable families on a low income in Spring Boroughs.

Autumn Centre - £3,000 The grant will be used to provide food aid and companion telephone calls for isolated older people based in Corby.

Live at Home Northampton - £2,000 The grant will be used to provide activity packs, shopping and befriending services for vulnerable people self-isolating without support networks.

To learn more about the appeal please go to www.ncf.uk.com

Good News Stories from Across the County

Weedon Bec Food Bank

Are you willing to give the equivalent of one meal per week or put an extra item in your basket to help someone out in our community?

Please leave any tins or packets at Weedon Bec Primary School and our volunteers will share them with the most vulnerable people in the village.



We want to support anyone in Weedon Bec who is in need. If you know someone who would benefit from a food parcel please contact Elizabeth Taylor on 07977 134545. Open for donations Monday to Friday 9.00-3.00.

Thank you in advance.

Daventry Volunteer Centre

The strength of the Daventry Resilience Team was apparent today as one of Daventry Volunteer Centre's crisis volunteers helped a husband and wife in need as one of them recovers from Covid-19 at Northampton General.

At 8am on Wednesday Mari rang Daventry District Council very distressed about her husband, who was in need of some clothes and toiletries during his hospital stay. She herself was isolating and 'at-risk' so was unable to make the trip. By 2pm Mari's husband had everything by his bedside after Sam, one of our fantastic volunteers collected and delivered it to the designated drop-off point at the hospital.

Mari has said that Sam was so polite and a real credit to us. Mari had been told by her friend to contact the Daventry Volunteer Centre, she had said: "I know a lady at the Volunteer Centre who can help you. She can help with anything."

Mari and her husband are both thrilled at how volunteers, people who they have never met before are willing to make help them and make their lives easier.

Thank you Sam!



Key Locality Specific Information

The Community Resilience Hub are working with fantastic Local Community Resilience Teams in the Boroughs and Districts, these are:

Corby	communityresilience@corby.gov.uk
Daventry	communityresilience@daventrydc.gov.uk
East Northants	communitydevelopment@east-northamptonshire.gov.uk
Kettering	communitys@kettering.gov.uk
Northampton	forums@northampton.gov.uk
South Northants	healthy.communities@southnorthants.gov.uk
Wellingborough	communitysupport@wellingborough.gov.uk

Key Public Messaging (National and Local)

CORONAVIRUS ADVICE

Self-isolation

For most people, coronavirus (COVID-19) will be a mild infection. If you live alone and you have symptoms of coronavirus illness (a new continuous cough and / or high temperature), however mild, stay at home for **7 days** from when your symptoms started.

If you live with others, anyone who develops symptoms in your household must stay at home for 7 days – and **everyone else in the household who remains well must stay at home and not leave the house for 14 days**. The 14-day period starts from the day when the first person in the house became ill.

Do not go to a GP surgery, pharmacy or hospital. You do not need to contact 111 to tell them you're staying at home. For more information about when to call 111 and advice about staying at home [click here](#).

Social distancing

All members of the public should remain at home unless necessary (for essential food supplies, medical care, essential work or one form of exercise per day but not in a group). [Full details are available here](#).

Those who are **over 70, have underlying health conditions or are pregnant** are advised to be **particularly stringent** in following social distancing measures.

Shielding

Those who are **extremely vulnerable** (have organ transplants, specific cancers, severe respiratory diseases, have genetic conditions that increase risk of infection, are on immunosuppression therapies that significantly increase risk of infection or are pregnant with an underlying heart condition) to **remain**

home at all times and avoid face-to-face contact.

CORONAVIRUS TESTING

People who have coronavirus-like symptoms are being tested to see if they currently have the virus. Testing has also been expanded to include:

- all [essential workers](#) including NHS and social care workers with symptoms
- anyone over 65 with symptoms
- anyone with symptoms whose work cannot be done from home
- anyone who has symptoms of coronavirus that lives with those groups identified above

Social care workers and residents in care homes (with or without symptoms) are now being tested, as well as NHS workers and patients without symptoms where there is a clinical need. [Full details here](#)

Staying Social



Regular social media (all partners)

Please regularly retweet:

<https://twitter.com/NHSEngland> NHS England

https://twitter.com/PHE_uk Public Health England

<https://twitter.com/mycountycouncil> - Northamptonshire County Council

<https://twitter.com/NorthantsEPTeam> - Northamptonshire Emergencies

Other accounts to keep an eye on and retweet as necessary:

Health

<https://twitter.com/NorthantsPH> - Northamptonshire Public health

<https://twitter.com/NHSNene> - Northants CCGs

<https://twitter.com/NHSCorby> - Corby CCGs

<https://twitter.com/NHFTNHS> - NHFT

<https://twitter.com/KettGeneral> - Kettering General Hospital

<https://twitter.com/NGHnhstrust> - Northampton General Hospital

Borough & District Councils

<https://twitter.com/KetteringBC> - Kettering Borough Council

<https://twitter.com/DaentryDC> - Daventry District Council

<https://twitter.com/NorthamptonBC> - Northampton Borough Council

<https://twitter.com/CorbyBC> - Corby Borough Council

<https://twitter.com/SNorthantsC> - South Northants Council

<https://twitter.com/ENCouncil> - East Northants Council

<https://twitter.com/BCWboro> - Wellingborough Council

Police/Fire/EMAS

<https://twitter.com/NorthantsPolice>

<https://twitter.com/northantsfire>

<https://twitter.com/EMASNHSTrust>

Voluntary Sector

https://twitter.com/N_Watch - Neighbourhood watch Twitter

<https://www.facebook.com/ourwatch/> - Neighbourhood watch – Facebook

www.facebook.com/northantssar - Northants Search & Rescue

<https://www.facebook.com/northantsacre/> - Northamptonshire Acre

Corby Voluntary Community Service (CVCS) - accesscorby@yahoo.co.uk

mobile - 07758 383186

Daventry Volunteer Centre (DVC) - www.daventryvolunteers.org.uk

Tel: 01327 300614 or Mob: 07793 011491

Kettering Voluntary Network (KVN) - Mob: 07912480537

sean.silver@groundwork.org.uk

<https://www.facebook.com/Kettering-Voluntary-Network-123308457746720>

Nene Valley Community Action (NVCA) (covering Wellingborough) - www.nvca.org.uk

Telephone: 01933 313526 or email: info@nvca.org.uk

South Northants Volunteer Bureau (snvb) - www.snvb.org.uk

Tel: 01327 358264 or email info@snvb.org.uk

Voluntary Impact Northamptonshire (VIN) - www.voluntaryimpact.org.uk

Tel: 01604 637522 or email: Info@voluntaryimpact.org.uk